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online reviews

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**METAPSYCHOLOGY ONLINE REVIEWS - VOLUME 21, NUMBER 09**

**FEATURED REVIEWS**

**A Companion to Buddhist Philosophy**  
by Steven M. Emmanuel (Editor)  
Tue, Dec 20th 2016

**Free Will and Action Explanation**  
by Scott Sehon  
Tue, Dec 20th 2016

**MISCHLING**  
by Affinity Konar  
Tue, Dec 20th 2016

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Welcome to MHN's unique book review site *Metapsychology*. We feature over 7700 in-depth reviews of a wide range of books and DVDs written by our reviewers from many backgrounds and perspectives. We update our front page weekly and add more than thirty new reviews each

**Robert Lowell, Setting the River on Fire**  
A Study of Genius, Mania, and Character  
By Kay Redfield Jamison  
Review by Jennifer Radden on Tue, Feb 28th 2017.

Kay Jamison's interest in mania is well known from her acclaimed memoir *An Unquiet Mind*; and she has previously explored the link with mania and creative genius (*Touched with Fire*). But her magisterial new study of the New England literary figure Robert Lowell goes beyond these previous books, first in its explication of the subjective and personal experience of manic-depressive illness for its subjects, and its effect on those around them, and second for a persuasive demonstration of the way mania can interrupt, and yet contribute to, imaginative endeavor. *Setting the River on Fire* is  
Click here to read the full review!

## Logo



## URL

<http://metapsychology.mentalhelp.net/>

## Subject

Psychology – Reviews - Periodicals

## Accessibility

Free

## Language

English

## Publisher

CenterSite, LLC

## Scope and Coverage

MHN's unique book review site, *Metapsychology* feature over 7700 in-depth reviews of a wide range of books and DVDs written by their reviewers from many backgrounds and perspectives. They update their front page frequently and add more than forty new reviews each month.

**Kind of Information**

Metapsychology Online reviews deals with topics like Addiction & Alcoholism, Anxiety & Panic, Art and Photography, Audio Books, Childhood Disorders, Children and Teens, Depression, Fiction, General topics, Ethics, Genetics and Evolution, Grief, Loss, Death & Dying, Medications & Psychiatry, Memoirs and Biographies, Mental Health, Movies & DVDs, Personality Disorders, Philosophy, Psychoanalysis, Psychology, Psychotherapy, Relationships, Religion, Self-help, Sexuality & Wellness and Complementary Medicine.

The screenshot shows a webpage titled "WELLNESS AND COMPLEMENTARY MEDICINE". The main article is a review of a DVD titled "BEGINNERS MEDITATION & Mindful Stretching" by Nadia Narain. The review is dated Feb 27th 2017 (Volume 21, Issue 9). The review text describes the DVD as a new offering from a Hong Kong-born, London-based yoga instructor. It lists various practices included in the DVD, such as Breathing (5 mins), Stress Release (5 mins), Energizing (10 mins), Stretching (22 mins), and Savasana (8 mins). The review also includes sections for "BREATHING", "STRESS RELEASE", and "ENERGIZING", each with a brief description of the practice. On the right side of the page, there are sections for "RESOURCES" and "RELATED TOPICS". The "RESOURCES" section lists various articles and books, including "All Topic Reviews", "Self-Compassion in Psychotherapy", "10 Minute Solution: Butt Lift", "10 Minute Solution: High Intensity Interval Training", "101 Ways to Meditate", "3-In-1 Total Body Fitness with Desi Bartlett", "30 Minute Ab & Butt Blaster", "5 Day Fit Yoga", "5 Mega Miles with Toning Band", "7 Weeks to 100 Push-Ups", "8 Keys to Practicing Mindfulness", "A Student's Guide to the History and Philosophy of Yoga", "A.M. Energy", "Ageless Mobility: Pain-Free Wellness For Longevity", "Almost Meatless", "Already Free", "Alternative Medicine?", and "Anywhere, Anytime, Any Body Yoga". The "RELATED TOPICS" section lists "Addiction & Alcoholism", "Anxiety & Panic", "Art and Photography", "Audio Books", "Childhood Disorders", "Children and Teens", "Client Reviews", "Depression", and "Ethics".

Each reviewed book is listed as subject-wise. After selecting a particular, it can be seen that every article comes with title, reviewer name, date, form of publication etc. Review articles are presented in various categories. Resources, related categories are also listed in supporting each review. Resources allow the visitors to about all the review articles under each topic/subject. All these reviews are easily downloadable.

**Special Features**

- ❖ Metapsychology Online receives a commission from Amazon.com for purchases through this site, which helps us send review copies to reviewers.

**Arrangement Pattern**

All the reviews are arranged volume wise and then numbers wise chronologically (such as... vol. 21 no. 9). Under each number, reviews area arranged content-wise. Apart from that, reviews are also arranged under ‘Topic Hierarchy’ (subject). Under each topic reviews are arranged alphabetically.

**Remarks**

Metapsychology Online reviewers normally receive gratis review copies of the items they review.

***Comparable Tools***

- Annual Reviews ( <http://www.annualreviews.org/> )
- CJ Online Reviews ( <https://cj.camws.org/reviews.php> )
- KIRKUS ( <https://www.kirkusreviews.com/> )

***Date of Access***

1<sup>st</sup> March, 2017